adobe after effects

description		windows:	mac:
general			
Select all		Ctrl + A	Cmd + A
Deselect all		F2 or Ctrl + Shift + A	F2 or Cmd + Shift + A
Rename selected layer, composition, folder, effect, group, or mask		Enter on the main keyboard	Return
Open selected layer, composition, or footage item		Enter on the numeric keypad	Enter on the numeric keypad
Move selected layers, masks, effects, or render items down (back) or up (forward) in stacking order		Ctrl + Alt + Down/Up Arrow	Cmd + Opt + Down/Up Arrow
Move selected layers, masks, effects, or render items to bottom (back) or top (front) of stacking order		Ctrl + Alt + Shift + Down/Up Arrow	Cmd + Opt + Shift + Down/Up Arrow
Extend selection to next item in Project panel, Render Queue panel, or Effect Controls panel		Shift + Down Arrow	Shift + Down Arrow
Extend selection to previous item in Project panel, Render Queue panel, or Effect Controls panel		Shift + Up Arrow	Shift + Up Arrow
Duplicate selected layers, masks, effects, text selectors, animators, puppet meshes, shapes, render items, output modules, or compositions		Ctrl + D	Cmd + D
Quit		Ctrl + Q	Cmd + Q
Undo		Ctrl + Z	Cmd + Z
Redo		Ctrl + Shift + Z	Cmd + Shift + Z
Purge All Memory		Ctrl + Alt + / (on numeric keypad)	Cmd + Opt + / (on the numeric keypad)
Interrupt running a script		Esc	Esc
Display filename corresponding to the frame at the current time in the Info panel		Ctrl + Alt + E	Cmd + Opt + E
projects			
New project		Ctrl + Alt + N	Cmd + Opt + N
Open project		Ctrl + O	Cmd + O
Open most recent project		Ctrl + Alt + Shift + P	Cmd + Opt + Shift + P

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description	windows:	mac:
projects		
New folder in Project panel	Ctrl + Alt + Shift + N	Cmd + Opt + Shift + N
Open Project Settings dialog box	Ctrl + Alt + Shift + K	Cmd + Opt + Shift + K
Find in Project panel	Ctrl + F	Cmd + F
Cycle through color bit depths for project	Alt-click the bit-depth button at bottom of the Project panel	Option-click the bit-depth button at bottom of the Project panel
Open Project Settings dialog box	Select the bit-depth button at bottom of the Project panel	Select the bit-depth button at the bottom of the Project panel
panels, viewers, workspaces and windows		
Open or close Project panel	Ctrl + 0	Cmd + 0
Open or close Render Queue panel	Ctrl + Alt + 0	Cmd + Opt + 0
Open or close Tools panel	Ctrl + 1	Cmd + 1
Open or close Info panel	Ctrl + 2	Cmd + 2
Open or close Preview panel	Ctrl + 3	Cmd + 3
Open or close Audio panel	Ctrl + 4	Cmd + 4
Open or close Effects & Presets panel	Ctrl + 5	Cmd + 5
Open or close Character panel	Ctrl + 6	Cmd + 6
Open or close Paragraph panel	Ctrl + 7	Cmd + 7
Open or close Paint panel	Ctrl + 8	Cmd + 8
Open or close Brushes panel	Ctrl + 9	Cmd + 9
Open or close Effect Controls panel for selected layer	F3 or Ctrl + Shift + T	F3 or Cmd + Opt + T
Open Flowchart panel for project flowchart	Ctrl + F11	Cmd + F11
Switch to workspace	Shift + F10, Shift + F11, or Shift + F12	Shift + F10, Shift + F11, or Shift + F12
Close active viewer or panel (closes content first)	Ctrl + W	Cmd + W
Close active panel or all viewers of type of active viewer (closes content first). For example, if a Timeline panel is active, this command closes all Timeline panels.	Ctrl + Shift + W	Cmd + Shift + W

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panels, viewers, workspaces and windows		
Split the frame containing the active viewer and create a viewer with opposite locked/unlocked state	Ctrl + Alt + Shift + N	Cmd + Opt + Shift + N
Maximize or restore panel under pointer	` (accent grave)	` (accent grave)
Resize application window or floating window to fit screen. (Press again to resize window so that contents fill the screen.)	Ctrl + \ (backslash)	Cmd + \ (backslash)
Move application window or floating window to main monitor; resize window to fit screen. (Press again to resize window so that contents fill the screen.)	Ctrl + Alt + \ (backslash)	Cmd + Opt + \ (backslash)
Toggle activation between Composition panel and Timeline panel for current composition	\ (backslash)	\ (backslash)
Cycle to previous or next item in active viewer (for example, cycle through open compositions)	Shift + , (comma) or Shift + . (period)	Shift + , (comma) or Shift + . (period)
Cycle to previous or next panel in active frame (for example, cycle through open Timeline panels)	Alt + Shift + , (comma) or Alt + Shift + . (period)	Opt + Shift + , (comma) or Opt + Shift + . (period)
Activate a view in a multi-view layout in the Composition panel without affecting layer selection	Select with the middle mouse button	Select with the middle mouse button
activate tools		
Cycle through tools	Alt-click the tool button in the Tools panel	Opt -click the tool button in the Tools panel
Activate Selection tool	V	V
Activate Hand tool	H	H
Temporarily activate Hand tool	Hold down the spacebar or the middle mouse button	Hold down the spacebar or the middle mouse button
Activate Zoom In tool	Z	Z
Activate Zoom Out tool	Alt (when Zoom In tool is active)	Opt (when Zoom In tool is active)
Activate Rotation tool	W	W
Activate Roto Brush tool	Alt + W	Opt + W
Activate Refine Edge tool	Alt + W	Opt + W

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description	windows:	mac:
activate tools		
Activate and cycle through Camera tools (Unified Camera, Orbit Camera, Track XY Camera, and Track Z Camera)	C	C
Activate Pan Behind tool	Y	Y
Activate and cycle through mask and shape tools (Rectangle, Rounded Rectangle, Ellipse, Polygon, Star)	Q	Q
Activate and cycle through Type tools (Horizontal and Vertical)	Ctrl + T	Cmd + T
Activate and cycle between the Pen and Mask Feather tools. (Note: You can turn off this setting in the Preferences dialog box.)	G	G
Temporarily activate Selection tool when a pen tool is selected	Ctrl	Cmd
Temporarily activate Pen tool when the Selection tool is selected and pointer is over a path (Add Vertex tool when pointer is over a segment; Convert Vertex tool when pointer is over a vertex)	Ctrl + Alt	Cmd + Opt
Activate and cycle through Brush, Clone Stamp, and Eraser tools	Ctrl + B	Cmd + B
Activate and cycle through Puppet tools	Ctrl + P	Cmd + P
Temporarily convert Selection tool to Shape Duplication tool	Alt (in shape layer)	Opt (in shape layer)
Temporarily convert Selection tool to Direct Selection tool	Ctrl (in shape layer)	Cmd (in shape layer)
compositions and the work area		
New composition	Ctrl + N	Cmd + N
Open Composition Settings dialog box for selected composition	Ctrl + K	Cmd + K
Set beginning or end of work area to current time	B or N	B or N
Set work area to duration of selected layers or, if no layers are selected, set work area to composition duration	Ctrl + Alt + B	Cmd + Opt + B

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description	windows:	mac:
compositions and the work area		
Open Composition Mini-Flowchart for active composition	Tab	Tab
Activate the most recently active composition that is in the same composition hierarchy (network of nested compositions) as the currently active composition	Shift + Esc	Shift + Esc
Trim Composition to work area	Ctrl + Shift + X	Cmd + Shift + X
New Composition from selection	Alt + \	Cmd + \
time navigation		
Go to specific time	Alt + Shift + J	Opt + Shift + J
Go to beginning or end of work area	Shift + Home or Shift + End	Shift + Home or Shift + End
Go to previous or next visible item in time ruler (keyframe, layer marker, work area beginning or end)(Note: Also goes to beginning, end, or base frame of Roto Brush span if viewing Roto Brush in Layer panel.)	J or K	J or K
Go to beginning of composition, layer, or footage item	Home or Ctrl + Alt + Left Arrow	Home or Cmd + Opt + Left Arrow
Go to end of composition, layer, or footage item	End or Ctrl + Alt + Right Arrow	End or Cmd + Opt + Right Arrow
Go forward 1 frame	Page Down or Ctrl + Right Arrow	Page Down or Cmd + Right Arrow
Go forward 10 frames	Shift + Page Down or Ctrl + Shift + Right Arrow	Shift + Page Down or Cmd + Shift + Right Arrow
Go backward 1 frame	Page Up or Ctrl + Left Arrow	Page Up or Command + Left Arrow
Go backward 10 frames	Shift + Page Up or Ctrl + Shift + Left Arrow	Shift + Page Up or Cmd + Shift + Left Arrow
Go to layer In point	I	I
Go to layer Out point	O	O
Go to previous In point or Out point	Ctrl + Alt + Shift + Left Arrow	Cmd + Opt + Shift + Left Arrow
Go to next In point or Out point	Ctrl + Alt + Shift + Right Arrow	Cmd + Opt + Shift + Right Arrow
Scroll to current time in Timeline panel	D	D