



adobe premiere pro

description	windows:	mac:
file		
Project	Ctrl + Alt + N	Cmd + Opt + N
Sequence	Ctrl + N	Cmd + N
Bin	Ctrl + /	Cmd + /
Open Project	Ctrl + O	Cmd + O
Close Project	Ctrl + Shift + W	Shift + Cmd + W
Close	Ctrl + W	Cmd + W
Save	Ctrl + S	Cmd + S
Save As	Ctrl + Shift + S	Shift + Cmd + S
Save a Copy	Ctrl + Alt + S	Opt + Cmd + S
Capture	F5	F5
Batch Capture	F6	F6
Import from Media Browser	Ctrl + Alt + I	Opt + Cmd + I
Import	Ctrl + I	Cmd + I
Export Media	Ctrl + M	Cmd + M
Get Properties for Selection	Ctrl + Shift + H	Shift + Cmd + H
Exit	Ctrl + Q	Cmd + Q
edit		
Make Subclip	Ctrl + U	Cmd + U
Audio Channels	Shift + G	Shift + G
Audio Gain	G	G
Speed/Duration	Ctrl + R	Cmd + R
Insert	,	,
Overwrite	.	.
Enable	Shift + E	Shift + Cmd + E
Link	Ctrl + L	Cmd + L
Group	Ctrl + G	Cmd + G
Ungroup	Ctrl + Shift + G	Shift + Cmd + G
sequence		
Render Effects in Work Area	Enter	Enter



adobe premiere pro

description	windows:	mac:
sequence		
Match Frame	F	F
Reverse Match Frame	Shift + R	Shift + R
Add Edit	Ctrl + K	Cmd + K
Add Edit to All Tracks	Ctrl + Shift + K	Shift + Cmd + K
Trim Edit	Shift + T	Cmd + T
Extend Selected Edit to Playhead	E	E
Apply Video Transition	Ctrl + D	Cmd + D
Apply Audio Transition	Ctrl + Shift + D	Shift + Cmd + D
Apply Default Transitions to Selection	Shift + D	Shift + D
Lift	;	;
Extract		
Zoom In	+	+
Zoom Out	-	-
Next in Sequence	Shift + ;	Shift + ;
Previous in Sequence	Ctrl + Shift + ;	Opt + ;
Snap in Timeline	S	S
Make Subsequence	Shift + U	Cmd + U
Add new caption track	Ctrl + Alt + A	Opt + Cmd + A
Add caption at playhead	Ctrl + Alt + C	Opt + Cmd + C
Go to next caption segment	Ctrl + Alt + Down	Opt + Cmd + Down
Go to previous caption segment	Ctrl + Alt + Up	Opt + Cmd + Up
markers		
Mark In	I	I
Mark Out	O	O
Mark Clip	X	X
Mark Selection	/	/
Go to In	Shift + I	Shift + I
Go to Out	Shift + O	Shift + O
Clear In	Ctrl + Shift + I	Opt + I



adobe premiere pro

description	windows:	mac:
markers		
Clear Out	Ctrl + Shift + O	Opt + O
Clear In and Out	Ctrl + Shift + X	Opt + X
Add Marker	M	M
Go to Next Marker	Shift + M	Shift + M
Go to Previous Marker	Ctrl + Shift + M	Shift + Cmd + M
Clear Selected Marker	Ctrl + Alt + M	Opt + M
Clear All Markers	Ctrl + Alt + Shift + M	Opt + Cmd + M
graphics and titles		
Text	Ctrl + T	Cmd + T
Rectangle	Ctrl + Alt + R	Opt + Cmd + R
Ellipse	Ctrl + Alt + E	Opt + Cmd + E
Arrange:		
Bring to Front	Ctrl + Shift +]	Shift + Cmd +]
Bring Forward	Ctrl +]	Cmd +]
Send Backward	Ctrl + [Cmd + [
Send to Back	Ctrl + Shift + [Shift + Cmd + [
Select:		
Select Next Layer	Ctrl + Alt +]	Opt + Cmd +]
Select Previous Layer	Ctrl + Alt + [Opt + Cmd + [